office of neighborhood involvement

Enhancing the quality of neighborhoods through community participation

Safety in the City

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Planning for a Safe Summer by S. Adams

Summer vacation is right around the corner. For many teens and kids, it's a nice break from school that can be filled with memorable and positive experiences. Many kids will have a lot of unstructured and unsupervised time on their hands. In some cases this may lead to an increase in risky behavior if kids don't have healthy activities to participate in and appropriate restrictions in place. Their safety is paramount, and the tips below may be helpful in planning a safe summer.

A lot of accidents happen over the summer. It's estimated that approximately three million kids are rushed to emergency rooms every year. The Department of Human Services (DHS) provides some safety tips for biking, swimming, and walking among other suggestions on their website at www.oregon.gov/DHS/ph/safekids/. Click Safety Tips and then click Summer. Following this newsletter is a basic checklist from their webpage. When your child is visiting a friend or family members' house, it is important to ask the parent or guardian in the home about the presence of alcohol or guns in the home. The ASK campaign was developed to raise awareness among parents and guardians about gun safety and the website is located at www.paxusa.org. You might be surprised about how many families not only have guns but do not keep them unloaded, locked, and maintained in a secure location.

Keeping children engaged in healthy, positive, and supervised activities is great way to ensure their safety. It's an opportunity for youth to develop new hobbies and interests. Operation Safe Summer was published by the Portland Police Bureau to provide a list of agencies that offer summer activities for kids. This guide has been printed and may be found at your local community center, library, police precinct or online at www.portlandpolice.com. Click the Resources tab, then click Programs and Services on the resources page, click School Police, and then click on School Police Resources. Many of these agencies provide mentors who help positively influence youth during this impressionable time. If parents have financial concerns, there are a number of low-cost activities and in some cases scholarships may be available. Also, contact Parks and Recrea-

Planning for a Safe Summer (cont)

tion to see what events and activities are scheduled at your local community center during the summer months at 503-823-PLAY.

If your child will be at home alone during the summer months, you should evaluate whether he or she is able to safely stay at home alone. Realistically, is your child physically and mentally able to take care of him or herself? Is he or she capable of making good decisions and comfortable with being left alone? If you decide that your child is up for the task, then set clear guidelines on his or her activities at home. Writing up a list of chores may provide some structure. Provide your contact information as well as an emergency contact of a neighbor in case your child needs immediate assistance. Consider coming home during lunch to check on your child and having your neighbor drop by as well. Children should know what to do in case of an emergency, and they should taught how to call 9-1-1 and the non-emergency number (503-823-3333). You may consider role-playing different scenarios so that they are ready.

The Curfew Ordinance is in effect during the entire year, and summer is no exception. The laws were intended to protect youth from victimization and other potentially threatening experiences. After a certain hour of night there are no longer activities offered to kids or teenagers, which leads them to engage in to more risky behaviors, including drug and alcohol use. During this time, there are few if any community supervisors available, those bystanders who can help intervene if your child is in danger; without this support, children may become more vulnerable to abusive situations. Additionally, intoxicated adults leaving bars and related drunk driving may subject your child to further risk. Talk to your kids about the following laws and let them know that they are in effect whether your child stays at a friend's home or your home. Police will enforce these laws, even if your child is walking home from an activity that ends at curfew, so plan accordingly. The laws are as follows:

- Under 14, not yet in high school: School days - 9:15 p.m. to 6 a.m. Non-school days - 10:15 p.m. to 6 a.m.
- 14 or older, in high school: School days - 10:15 p.m. to 6 a.m. Non-school days - 12 midnight to 6 a.m.

After these hours, the minor must be accompanied by a parent, guardian, or a guardian authorized by the parent who is over 21 years old. Parents should be aware of that Oregon state law requires that the parents, legal guardians and others charged with the care of a child under the age of 15 make sure that the child is not out after curfew. Parents and others who fail to meet their legal obligations can be cited into court, can be subject to fines and required to complete a parent effectiveness program

With all of the resources and tips available, it is possible to plan a safe summer!

Correction on Last Month's Newsletter

Last month we provided the wrong number for Resolutions Northwest for mediation and conflict/ resolution services. The correct phone number is 503-595-4890.

Tips for Parents About Teen Parties & Alcohol

by R. Lee

For Parents of Teens *HOSTING* A Party:

- **Set your ground rules with your teen before the party.** Stress responsibility for hosting the party and in the planning of the event.
- **Plan on being present for the entire party.** Select a location in your home that allows for adequate supervision. Replenish food trays and the drinks often. Your presence will help keep the party running smoothly and give you a chance to meet your teen's friends. However do not hang around!
- **Remember it is illegal to offer alcohol to guests who are under 21 or to allow guests to use other drugs in your home. Make sure your teen knows the law and the consequences.**
- **Educate yourself to the signs of alcohol or drug use by teens.**
- **Guests who try to bring in alcohol or drugs should be asked to leave. Be willing to call police if unwanted guests refuse to leave.**
- **Notify the parents of teens who arrive at the party drunk or under the influence of other drugs.**
- **Notify your neighbors in advance of the party.**
- **Limit party attendance and set start and ending times.** Make a guest list, issue invitations and restrict party crashing.
- **Guests should not be allowed to come and go.** This will discourage teens from leaving the party.

For Parents of Teens *ATTENDING* A Party:

- **Be sure you know where your teen will be**. Get the address and telephone number of the host/hostess. Let your teen know you expect a phone call if the location is changed.
- **Contact the parents of the party-giver to:** verify the location, offer assistance, make sure that a parent will be present.
- **Be sure that alcohol and other drugs will not be allowed.**
- **Know how your teen will get to and from the party. Be available to transport if necessary.**
- **Set the time your teen is to be home.** Be awake when they get home.
- **If your teenager stays overnight with a friend after the party, check with the parents of the friend to see if this is OK, the length of stay and the rules.**
- **Avoid spontaneous sleep-overs whenever possible.**

Our Website

Visit the Central Northeast Crime Prevention Website at www.portlandonline.com/oni/cp, then click Crime Prevention by Neighborhood Districts, then click Central Northeast Crime Prevention.

Police Districts are Changing. Will this Impact Your Neighborhood?

by S. Adams

Portland's Police Chief Rosie Sizer and a redistricting committee evaluated police response times and calls for service loads throughout the City. The goal was to even out response times and allow time for the police to engage in neighborhood crime problem solving. It was determined that some shifts needed to be made to the East , Northeast and North precincts. Therefore certain neighborhoods were moved to new precincts. For those impacted, there will be changes in patrol officers, Neighborhood Response Team officers, and Crime Prevention Coordinators. Below shows the changes that are effective July 1, 2008. If you live in an unincorporated area, you can contact your current Crime Prevention Coordinator for assistance in finding out if you area was impacted.

Redistricting Information and Phone Numbers

Neighborhood	Current Precinct	New Precinct	Crime Prevention Coordinator (CPC)
Beaumont-Wilshire	Northeast	Same	Stefanie Adams
Bridgeton	Northeast	North	Havilah Ferschweiler
Cully	Northeast	Same	Stefanie Adams
East Columbia	Northeast	North	Havilah Ferschweiler
Hayden Island	Northeast	North	Havilah Ferschweiler
Hollywood	East	Northeast	Stefanie Adams
Madison South	East	Same	Jenni Bernheisel
Parkrose	East	Same	Jenni Bernheisel
Parkrose Heights	East	Same	Jenni Bernheisel
Rose City Park	East	Northeast	Stefanie Adams
Roseway	East	Northeast	Stefanie Adams
Sumner	Northeast	Same	Stefanie Adams
Sunderland	Northeast	Same	Stefanie Adams
Woodland Park	East	Same	Jenni Bernheisel
Argay	East	Same	Jenni Bernheisel
Russell	East	Same	Jenni Bernheisel

Precinct	Phone Number
East Precinct	503-823-4800
North Precinct	503-823-2120
Northeast Precinct	503-823-5700

CPC	Phone Number
Stefanie Adams	503-823-2779
Jenni Bernheisel	503-823-2781
Havilah Fer-schweiler	503-823-4098

Please note that calls for service to 9-1-1, non-emergency, and other calls to the police do impact these decisions, and over time may affect how many officers are assigned to your area.

Public Transit Safety

by WomenStrength

WomenStrength

Street Safety

People who are described as being street smart typically do two things: 1) They make efforts to recognize and avoid potentially dangerous situations when they can. 2) They leave dangerous situations they find themselves in *before* those situations escalate. Their actions are based on the following principles.

The Mindset of Street Smarts

- **Trust your intuition, and act on it.** When you sense that a situation could be bad, resist the temptation to hope for the best, or to wait for some proof. Our intuition is our internal alarm system, and it alerts us to dangers that are not obvious, but are nevertheless real. Distinguish between intuition and prejudice.
- **Protect your personal space.** In general, perpetrators want easy access to their potential victims. On the street, our attitude provides a barrier. Displaying a confident and decisive attitude can communicate that our personal space will not be violated easily.
- **Maintain a degree of healthy distrust.** Make cautious decisions about who you will allow into your personal space. Ask yourself first, do I really have good reason to trust this person?
- **Get angry** if people try to harm you. You have the absolute right to live your life free of violence. Your anger can help you to overcome fear and has the potential to scare off an attacker.

Prepare Some Plans

Typically, people who perpetrate street violence have a plan. Any planning that *we* can do in anticipation of a possible threat will give us an edge. Here are few ideas:

- **Imagine some potentially threatening situations in which you might find yourself, and visualize some possible escapes.** Thinking through some "what if" situations ahead of time gives us some ready-made options to draw on in time of need, and helps keep us out of denial when threatened.
- **Identify a safe haven in the neighborhoods and MAX stops that you frequent, and when you travel in unfamiliar neighborhoods, too.** Safe havens are refuges where we can use a telephone, wait out a volatile situation, or solicit help from others. Ideal safe havens are small businesses in which it is easy to identify the person in charge, and which have entrances that can be locked quickly. Once inside, clearly communicate what is causing you fear, and what you need.
- **Choose a safe person on the MAX train.** When you get on the train, use your intuition to choose someone that you feel would be safe to help you. If someone makes you uncomfortable, or you need help, you can ask this person for help by being direct, “You in the red shirt, I need help! Call 911!”

Physical Strategies

- Breathe! It clears the head and helps calm the nerves.
- Keep moving.
- Look around as you walk or wait on the street or the MAX stop. Checking out what is happening on each side of you makes you appear difficult to catch by surprise.
- Take up extra space when sitting and standing. It defines the physical boundaries that you will protect.

Public Transit Safety (cont.)

- Make *brief* eye contact, *selectively*. It communicates that others are seen, that we belong in a space, and that we are not easily intimidated. To avoid sending a mixed message, keep your face neutral, not glaring or smiling. Break eye contact by looking to the side. Avoid eye contact with those who you believe could misinterpret it as a challenge, or as an invitation into your space.

For information on the WomenStrength self-defense and personal safety program call 503-823-0260.

National Night Out – What are you doing on August 5th? By K. Ball

Have you thought about what you and your neighbors are doing to celebrate National Night Out on August 5, 2008?

National Night Out is a unique event where communities throughout the United States and Canada celebrate a night out against crime. It is also a great opportunity to connect with your neighbors, which is an important element in preventing crime and strengthening your community.

If you are hosting a National Night Out party, you can register online starting June 10, 2008. Registration closes July 22. Parties happening between July 29 and August 2 can be registered as official National Night Out events. However, most people hold their parties on the official day. By registering your party, you will receive:

- Support with your planning efforts
- Information and National Night Out promotional materials
- Help with street closures and noise ordinance variances
- Assistance with requests for visits from police and fire

To learn more about hosting a party or to get involved with an event in your area, go to the Office of Neighborhood Involvement Crime Prevention webpage at www.portlandonline.com/oni/cp and click on the link for National Night Out. You can also contact the Crime Prevention Program Coordinator for your area.

Cully Neighborhood Graffiti Cleanup excerpted from M. Dennis Graffiti cleanup flyer

On Saturday July 19th, the Cully Neighborhood will hold a Graffiti cleanup, which will be a combined effort between City-contracted graffiti removal crews, and a **minimum** of 10 volunteers from the community. The group will meet at the Albertson's parking lot on Saturday July 19th from 9am-1pm. The contractor-crews will focus on paint-out or power-wash removals from private properties (provided we have signed owner-permission prior to the event). Volunteers will remove graffiti from properties "in the right-of-way", including utility poles, dumpsters, newspaper boxes, and other sites that are not routinely cleaned by agencies or owners. Supplies will be provided by the Graffiti Abatement Program.
Volunteers must sign a volunteer agreement and application form, available at the Graffiti Program webpage: http://www.portlandonline.com/oni/ **and click on Graffiti Abatement.**

Crime Statistics by Neighborhood April 2008

Neighborhood(s)	Aggr Assault	Burglary	Homicide	Larceny	Rape	Robbery	Car Prowl	Vehicle Theft	Vandalism	Drugs	DUII	Sex Crime	Simple Assault
BEAUMONT-WILS	0	0	0	4	0	1	4	1	6	0	0	0	1
BRIDGETON	0	0	0	0	0	0	4	0	0	0	0	0	0
CULLY	4	6	0	9	0	1	9	2	15	8	4	1	12
E COLUMBIA	0	0	0	0	0	0	3	0	0	0	0	0	0
HAYDEN ISLAND	1	6	1	21	0	0	7	6	6	4	3	0	1
HOLLYWOOD	1	2	0	13	0	0	8	1	1	2	0	0	1
MADISON SOUTH	5	4	0	5	0	1	7	3	2	8	4	1	4
PARKROSE	0	4	0	13	0	6	21	3	10	6	1	0	10
PARKROSE HGTS	0	2	0	8	0	3	4	4	6	2	3	0	0
ROSE CITY PARK	0	4	0	1	0	3	7	6	5	0	2	0	5
ROSEWAY	1	1	0	5	0	1	3	2	1	3	1	0	1
SUMNER	0	2	0	2	0	3	3	0	1	4	2	0	2
SUNDERLAND	0	0	0	2	0	0	2	2	0	0	0	0	1
WOODLAND PARK	0	0	0	0	0	0	0	0	0	0	0	0	0

Reference http://www.portlandonline.com/police/crimestats/index.cfm

Sex Crimes - Statutory rape, sodomy, molest, indecent exposure, and other offenses against common decency. Attempts are included. (Does not include rape or prostitution.) **Simple Assault** - Assaults and attempted assaults where no weapons are used and which do not result in serious or aggravated injury to the victim. **Larceny** - The unlawful taking of property from the possession of another; includes pickpocket, purse snatch, shoplift, and bike theft.

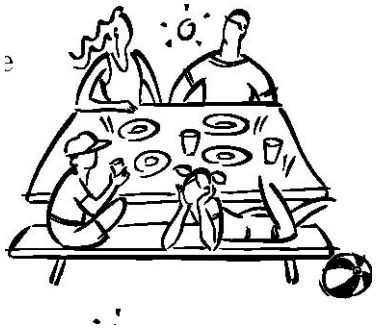
Announcements/Resources

- Find your Neighborhood Association and/or Neighborhood Coalition at www.portlandonline.com/oni/search.
- Look up crime statistics for your neighborhood at www.portlandonline.com/police and click on Crime Stats or click on Crime Mapper2 to look up crime statistics within a half mile radius of your home.

National SAFE KIDS Campaign
FOUNDING SPONSOR Johnson & Johnson

Make it a SAFE KIDS summer!

Don't take a vacation from safety.



Hey Parents:

Did you know that summer is the most dangerous time of the year for kids? Children will be rushed to emergency rooms nearly 3 million times this summer during "trauma season," May – August. Don't let your child be one of them! Follow these tips with your family to protect your children from the top five summertime risks. Pledge to make this a SAFE KIDS Summer!

Ride Safe!

I make sure all my kids have their own child safety seat or safety belt that's appropriate for their age and size, and that they sit in a back seat.

I study both my vehicle owner and car seat manuals carefully.

Swim Safe!

I always supervise young children near water, including pools, spas, toilets, bathtubs and buckets.

We wear personal flotation devices when out on boats, near open bodies of water or participating in water sports.

Wheel Safe!

My kids wear properly fitting helmets and other protective gear every time they ride their bikes, scooters, in-line skates or skateboards.

My children know the rules of the road and obey all traffic laws.

Walk Safe!

I never let children under age 10 cross the street alone.

My kids wear retroreflective materials and carry a flashlight when it's dark, at dawn and at dusk.

Play Safe!

I supervise my children at playgrounds and make sure there is a safe surface such as mulch, gravel, rubber or fine sand.

My kids always wear the right, properly fitted protective gear when they practice and play team sports.

This list is not comprehensive. It is meant to assist families in taking steps to prevent childhood injuries. For more detailed information, please visit **www.safekids.org**. © JOHNSON & JOHNSON Consumer Companies, Inc. 2001

The Portland Police Bureau's Community Problem Solving Resource Guide

The Portland Police Bureau released the 2008 Community Problem Solving Resource Guide. This resource guide provides users with a quick reference to community resource information and frequently used telephone numbers.

Included in the guide are hotline and emergency numbers, a variety of general community resource numbers, a list of City and County building locations, Portland Fire Bureau fire station locations and contact numbers, and a listing of Portland area streets both alphabetical and by the hundred blocks. Also included is a contact list of Portland area hotels and motels, a location list of Portland parks and recreational facilities, contact numbers for Portland-Metro School Districts, and a listing of area colleges and universities.

The Community Problem Solving Resource Guide is a great asset for law enforcement agencies, community organizations and community members when searching for resources within and around the Portland area.

The Community Problem Solving Resource Guide and other brochures are available on the Portland Police Bureau website at http://www.portlandonline.com/police, choose the publication tab, choose brochures, and choose problem solving guide. If you do not find what you are looking for in the guide, or have comments or suggestions, please call the Strategic Services Division at 503-823-0286.