



# Press Release

Media Contact  
Rodney Bender  
503-473-3814  
rodney@growing-gardens.org

## **Dawn of the Bed: Community Leaders to Build Garden Beds for Disabled Portland Gardeners**

(PORTLAND) - Volunteer teams from several Portland organizations including Portland Mayor Sam Adams' office, Portland Development Commission, and Hopworks Brewery will build specially designed raised garden beds for low-income, disabled gardeners across Portland on May 8.

In addition to building specialized garden beds, the volunteer teams collectively aim to raise more than \$4,200 to support Growing Gardens' mission. Two teams, including the Mayor's, have committed to traveling to the garden sites and transporting all tools and supplies by bicycle. Each team will be supported by an expert gardening coach from Growing Gardens.

"We believe that everyone, regardless of socio-economic status and physical ability should be able to grow their own good, healthy food. Dawn of the Bed is one way we engage our supporters to increase garden access for the disabled," says Deb Lippoldt, Growing Gardens' executive director.

### **About Growing Gardens**

Growing Gardens digs at the root of hunger in Portland by building organic food gardens in urban backyards and at schools. Marshalling the energy of over 600 volunteers per year, Growing Gardens has installed more than 700 food gardens since 1996. Its Youth Grow school garden clubs create future vegetable eaters and cultivators, and its Learn & Grow classes teach cooking, preserving and more.

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For more information contact Rodney Bender at 503-473-3814 or rodney@growing-gardens.org.

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