

# Sunday Parkways Highlights

June 22, 2008 • 8am to 2pm

Ongoing unless a start time is noted. Sets and classes approximately 1 hour  
Food vendors marked in blue

Location	Time
<b>Peninsula Park</b>	
The No Kidding Choir & Friends DJ Paulie Think	9:30am
The Wandering Minds (music)	10:30am
Historic Rose Garden tours	11:00 am & noon
Free clinic from Foot Traffic	11:30am
The Devon Phillips Band	Noon
The Sprockettes	1:00pm
Kazum acrobatic dance troupe	1:30pm
Providence Bridge Pedal bike decorating	
Mosaic Arts Alliance/Sixth Street Gallery	
Hoop Dreams hula hooping	
Oregon Zoo ZAP Team & T Rex	
Prananda Yoga classes	
Bike helmets \$5 sale & fittings	
Park Bureau kids activities	
Clif Bar & Company	
Community Cycling Center & New Seasons Market <i>Healthy Eating</i> <i>Healthy Living</i> kids bike fun	
<a href="#">Northwest Hot Dogs</a>	
<a href="#">al Forno Ferruzza pizza</a>	
<a href="#">Village Crepery</a>	
<a href="#">Boonrod Thai Food</a>	
<a href="#">Junior Ambassadors</a>	
<a href="#">Headwaters Cafe</a>	

Location	Time
<b>Arbor Lodge Park</b>	
Tango Dancers DJ Clint Kuper	10:00am
Ward Stroud Band	11:00am
Nuborn Tribe (reggae)	Noon
Circus Cascadia	
Tulen Center Martial Arts for the family	
Yoga for Seniors	9:30 & 11:00am
Elders in Action – guided walk	11:00am
Tai Chi introduction	11:00am-1:00pm
Rose City Pedicab rides	
City of Portland Try a Trike test rides	
Clif Bar & Company	
Blooming Lotus Acupuncture for the Weary	
Horseshoes and tether ball	
North Portland Animal Hospital and Stay Pet Hotel doggie rest stop	
Office of Sustainable Development recycling roll carts	
Portland Parks and Recreation Rec 'N Roll Mobile Programs	
Solar powered sound stage	
Serious Juggling – unicycle & juggling lessons	
Pesticide Free Parks	
<a href="#">Altengartz Bratwurst</a>	
<a href="#">Foody Blues BBQ</a>	
<a href="#">Tita's Pista</a>	
<a href="#">Nourishment</a>	
<a href="#">Spunky Monkey Coffee</a>	
<a href="#">Small Bites Catering</a>	

Location	Time
<b>SEI/Unthank Park</b>	
Jump roping Kickball & basketball (pick up)	
The Beaterville Band	12:30pm
African American Outdoor Assoc. Alberta Food Co-op Blue Sky Wellness Studio yoga & pilates demos	
Bettencourt Tae Kwon-DO demos	
Good In the Neighborhood	
BikEmpowered Repair and lessons	
<a href="#">Little Red Bike Café</a>	
<a href="#">Hannah Bea's Poundcake and More</a>	
<b>Kaiser Town Hall</b>	
Kaiser Permanente free pedometers	
TriMet travel training	
Ride Connection	
Rose City Roamers 10K Volkswalk	8:00am-Noon
Lions Club vision and hearing checks	
Elders in Action – guided walk	10:00am & Noon
Truck and bike visibility safety demo	
Shimano Coasting Tour test rides	
Portland Bike Tours test rides	
<a href="#">Russell's Breads</a>	
<a href="#">Café Vélo</a>	
<b>Willamette Bluff</b>	
Bike Gallery Bike Repair and Peanut Butter Base	
North Portland Greenway	
<b>Jefferson H.S. Plaza</b>	
<a href="#">Cherry Sprout Produce pit stop</a>	

## Food on the route:

[The Ice Cream Pedaler](#) • [Blend Coffee Lounge](#)

## Bike Rides at/to/or from Sunday Parkways

- 9am** Women's Ride from Hollywood Bike Gallery
- 9am** Ride from Woodstock Bike Gallery
- 10am** Leave from St. Johns @ N. Lombard & Charleston
- 11am** Family Bike Ride & Parade @ N.Kerby & Rosa Parks
- Noon** Superheroes for Bike Safety Awareness @ Unthank Park
- 2pm** From Unthank Park to CityBikes Annex, SE Ankeny

## Need a Bike?

*Safer Routes to Schools* will escort small group rides with loaner bikes of various sizes from Arbor Lodge to Kaiser Town Hall.