

PAL Bud Monnes Youth Center

Phone: 503.256.3479 Address: 424 NE 172nd Ave, Portland, OR 97230

School Year Youth Membership Form: Sept. 14, 2009-June 11, 2010; 2:30pm-7pm

Youth Membership Fee: \$50 For all youth, or \$30 for youth who qualify for free or reduced lunch with attached proof (such as lunch program acceptance letter from school). Memberships not paid in full at time of registration require a minimum \$5 deposit. For payment plans, minimum option is \$10 a month. Please note that the PAL Youth Center has an "Open Door Policy" for youth.

Youth Member: (If you participated in 2008-09, please put membership number here _____)

Name: _____ Sex: _____
Address: _____ Apt. # _____ Phone: _____
City: _____ State: _____ Zip: _____
Date of Birth: _____ Age: _____ School: _____ Grade: _____
Ethnicity (Optional): African American Hispanic Native American Other: _____
 Asian/Pacific Islander Caucasian Eastern European
Referred to PAL by (if applicable): _____

Parent and/or Guardian:

Name: _____ *Relationship: _____ Age: _____
E-mail: _____ Employer: _____
Work Phone: _____ Cell Phone: _____
Will you volunteer for PAL? Yes ___ No ___ If yes, list skills/interest: _____
***If you are a foster parent provide case worker and phone # here:** _____
Names of others living with you (family, relatives, friends...): _____
My family is qualified for the Federal Free or Reduced Lunch Program: YES: ___ NO: ___
My family receives benefits (welfare, food stamps, social security): YES: ___ NO: ___

IN CASE OF EMERGENCY CONTACT (Other than Parent/Guardian): _____

Relationship: _____ Day Phone: _____ Night Phone: _____

Medical Information:

Doctor/Nurse Practitioner: _____ Phone: _____
Insurance Carrier: _____ Policy#: _____

1. Is the applicant a diabetic? YES ___ NO ___
2. Is the applicant subject to seizures of any kind? YES ___ NO ___
3. Are there any allergies or dietary restrictions? YES ___ NO ___
4. Is the applicant currently under any medical treatment? YES ___ NO ___
5. Does the applicant have a history of respiratory illness? YES ___ NO ___
6. Has your child been diagnosed with ADHD or any behavior disorders? YES ___ NO ___

If you answered **YES** to any question above, please explain (medications, special needs, etc.): _____

Waiver and Consent: In consideration of its allowances of my child to participate in its program, I hereby release and waive the Police Activities League of Greater Portland Area (PAL), the Cities of Gresham and Portland, the Oregon National Guard, and its employees, agents, representatives, officers, and directors from any and all liability for any loss or injury sustained or incurred (including any loss or injury resulting from the representatives, officers, and directors) while my child participates in PAL's program, or while s/he travels to or from PAL's program. If I cannot be reached in the event of an emergency, I authorize any physician treating my child to perform any and all medical procedures which s/he determines to be medically appropriate under the circumstances. During any PAL activity, media coverage (photography, interviews) may occur. Please check "NO" if you do not wish to have your child photographed or interviewed. ___NO

PARENT/GUARDIAN SIGNATURE: _____

YOUTH SIGNATURE: _____

STAFF USE ONLY: _____

Year-Round Membership Registration Fee: \$50 \$30 ___ Copy of Federal Free or Reduced Lunch Acceptance Form
Winter Break Only: \$10 Spring Break Only: \$10

___ PAID (Check Cash) ___ NOT PAID ___ PAYMENT PLAN ___ COMMUNITY SERVICE
Date Received: _____ Date Entered: _____ Special Notes: _____

PAL YOUTH CENTER POLICIES

1. PAL Cards must be brought **EVERY** day. If cards are not presented upon arrival youth who are current members will not be admitted to the Center, or they will write (25) sentences to gain admittance.
2. No gum.
3. No hats.
4. No running in the halls.
5. Bounce balls in gym only.
6. No electronic devices (ie. cell phones, MP3 players, I-pods, etc.), if youth bring them they will be confiscated until the end of the day.
7. Youth are responsible for keeping track of their own items, PAL is not responsible for any lost or stolen items or for watching items brought to the Center by youth.
8. PAL is not responsible for money lost in the vending machines, use at own risk.
9. No public displays of affection (ie. Hugging, holding hands, kissing, etc.).
10. Be respectful at all times. Disrespect will result in disciplinary action.
11. Anything gang-related is not allowed (ie. Clothes, gang signs, etc.)
12. No sagging pants or shorts, no skimpy clothing, nothing with the numbers 13, 18, or 69.
13. No t-shirts with alcohol, tobacco, or drug products displayed.
14. No smoking for youth and adults in or on the premises. Youth who are caught smoking will automatically be suspended.
15. No cursing. According to our cursing policy (posted in every room) if a staff member or volunteer overhears a youth member saying one of the designated curse words, youth will automatically have three (3) cursing paragraphs assigned for each word said. There are also consequences for other inappropriate language that is not listed on the cursing announcement.
16. No fighting or play fighting. Fighting results in an automatic suspension.
17. No weapons or anything resembling weapons. If youth are caught with a weapon they will automatically be suspended with return contingent on a review by the Executive Board.
18. Vandalism of any PAL property will result in automatic suspension with return contingent on a review by the Executive Board.
19. Theft of any PAL property will result in automatic suspension with return contingent on a review by the Executive Board.

FORMS OF DISCIPLINE UTILIZED:

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|---------------------|------------------------|---------------------------|
| 1. Time-outs | 2. Writing Sentences | 3. Various cleaning tasks |
| 4. Writing essays | 5. Copying definitions | 6. Running Laps |
| 7. Push-ups/Sit-ups | 8. Community Service | 9. Behavior Contracts |
| 10. Suspensions | 11. Expulsions | |

Youth who violate PAL policies will be dealt with on a case by case basis utilizing time-outs, in-Center suspensions, at-home suspensions, or if it is severe, permanent removal from the Center and other PAL programs. Please call 503.256.3479 with any questions.