

## How You Can Help

- Plant an extra row for the hungry in your garden plot.
- Help garden the Produce for People plots at community gardens.
- Donate extra produce from your garden.
- Volunteer to deliver produce to local food agencies.
- Encourage your fellow gardeners to donate their extra produce.



*Portland Parks & Recreation's Community Gardens Program provides gardening and greening opportunities for the physical and social benefit of the people and neighborhoods of Portland.*

# Produce For People



Gardeners growing food for donation to local emergency food pantries.



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**PORTLAND PARKS & RECREATION**

Healthy Parks, Healthy Portland

Commissioner Dan Saltzman - Director Zari Santner



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# Harvest History

Produce for People links community gardens with local emergency food agencies to provide individuals and families in need with fresh, healthy, local produce. Since 1995, Portland Community Gardens has provided over 25 tons of fresh produce to emergency food providers. Fresh produce is often difficult to channel through the emergency food system because of storage, cost and availability. The populations in greatest need of nutritional components found in fruits and vegetables are often served by emergency food. Community gardeners aim to provide a steady weekly supply to emergency food providers.



# Community Ties

Volunteer gardeners from over 20 community gardens set aside a particular plot or donate extra produce that they have grown in their own plot.

Gardens select a neighborhood emergency food agency to partner with during the harvest season. Each week, gardeners coordinate picking produce to coincide with delivery to their partner agency.

Participating agencies:

- FISH Emergency Services, Inc.
- Ecumenical Ministries: NE Emergency Food Service
- Neighborhood House
- Transition Projects/Jean's Place
- St. Francis Dining Hall
- Raphael House
- Letty-Owings Center
- Friendly House
- Good Samaritan Food
- Univ. Park Adventist Food
- Sellwood Center

# Hunger in Oregon

- Oregon consistently ranks among the top 10 states in the nation for hunger.
- 38% of people receiving emergency food are children.

source [www.oregonfoodbank.org](http://www.oregonfoodbank.org)

# Out of Abundance - Service

Every year more gardeners participate in Produce for People. The amount donated has increased each year since the program started in 1995. Over 12,000 pounds of produce was harvested from community gardens and donated to emergency food shelters in 2008.

# Community

Produce for People connects community gardens with neighbors who are in need of healthy, fresh, local, organic fruits and vegetables. The program fosters vital connections between hunger relief agencies and local food sources.

